

2023 CAMP SCHEDULE

| Session 1 – Jul | ly 2–8 | | Session 4 – . | July 23–29 | | Session 7 – A | August 13–19 | |
|--|----------------|--------------------|--------------------------------------|--------------|---------|--------------------------|-------------------|---------|
| All Sports/Adventure | Girls | (7-14) | Creative Arts | Co-Ed | (7-17) | All-Sports/Adventure | Co-Ed | (7-17) |
| Aqua Sports | Co-Ed | (7-16) | Ball Hockey | Co-Ed | (10-17) | Basketball | Boys & Girls | (7-17) |
| ☐ Basketball | Boys & Girls | (7-17) | Basketball | Boys & Girls | (7-17) | Canoe/Kayak | Co-Ed | (8-16) |
| Leadership & Peer Support* | | | Competitive Swim | Boys & Girls | (11-15) | Hero's Journey | Co-Ed | (12-17) |
| *(July 2–July 22) | Co-Ed | (15-17) | Rugby | Boys & Girls | (11-16) | Survival Camp | Co-Ed | (12-17) |
| Paintball | Co-Ed | (11-16) | Self Defense | Girls | (11-17) | Volleyball | Boys & Girls | (12-17) |
| Robotics | Co-Ed | (8-15) | Tri-Sports | Girls | (7-13) | Wrestling | Boys & Girls | (9-17) |
| Tri-Sports | Boys | (7-13) | Volleyball | Girls | (11-16) | _ , | , | (2 11) |
| Session 2 – July 9–15 | | | Session 5 – July 30 – August 5 | | | Session 8 – August 20–26 | | |
| All Sports/Adventure | Boys | (7-14) | Basketball | Boys & Girls | (7-17) | Adventure Climbing | Co-Ed | (13-17) |
| Aqua Sports | Co-Ed | (7-16) | Gymnastics | Girls | (7-16) | Archery | Co-Ed | (11-16) |
| Basketball | Boys | (7-17) | Quarterback and | | | Basketball | Co-Ed | (7-17) |
| Boxing | Boys & Girls | | Receiver Camp | Co-Ed | (12-17) | Cheer Camp | Co-Ed | (11-16) |
| Dodgeball | Co-Ed | (7-15) | Sailing | Co-Ed | (12-17) | Cross Country Running | Boys & Girls | (11-17) |
| Leadership & Peer Support* | | | Stand-Up Paddle Board | | (12-17) | Fishing | Co-Ed | (9-17) |
| *(July 2–July 22) | Co-Ed | (15-17) | Ultimate Frisbee™ | Co-Ed | (11-17) | Hockey | Boys & Girls | (11-16) |
| Outdoor Skills & Adventure | e Co-Ed | (12-16) | Windsurfing | Co-Ed | (12-17) | Seven Habits | Co-Ed | (12-17) |
| Soccer | Boys | (7-16) | Session 6 – A | ugust 6–12 | | The SportsLab | | |
| Session 3 – Jul | y 16–22 | | Aqua Sports | Co-Ed | (7-17) | Training Program | Co-Ed | (12-17) |
| Athletic Conditioning | Co-Ed | (14-17) | Badminton | Co-Ed | (13-16) | Volleyball | Boys & Girls | (11-17) |
| Aqua Sports | Co-Ed | (7-16) | Baseball | Co-Ed | (11-14) | Session 9 – Au | igust 27–Sept 2 | |
| Football | Boys | (11-16) | Basketball - Big Man | Boys | (14-17) | Catholic Leadership | Co-Ed | (15-19) |
| Judo | Boys & Girls | | Basketball - Tall Lady | Girls | (14-17) | | | |
| Karate | Boys & Girls | | Basketball | Boys & Girls | (7-17) | Additional camp | s to be announced | 1 |
| Leadership & Peer Support* | | | Canoe Tripping | Co-Ed | (12-17) | | | |
| *(July 2–July 22) | Co-Ed | (15-17) | Dance | Co-Ed | (11-15) | | | |
| Soccer | Girls | (7-15) | Flag Football | Co-Ed | (11-14) | REGISTER | | IE] |
| Tennis | Co-Ed | (7-16) | Glee/Theatre Camp | Co-Ed | (12-16) | | | |
| Track & Field Triathlon | Co-Ed Co-Ed | (11-16) (11-15) | Power Up for school and life success | Co-Ed | (12-17) | olympiaspor | tscamp.co | m |
| PLEASE NOTE: SCHEDULE AND PROGRAMS ARE SUBJECT TO CHANGE * Denotes camps with special dates & pricing | | | | | | | | |



