

2025



CAMP SCHEDULE

Session 1 June 29– July 5, 2025

- All Sports/Adventure Co-Ed (7-14)
- Aqua Sports Co-Ed (7-16)
- Basketball Boys & Girls (7-17)
- Leadership & Peer Support*
*(June 29 –July 19) Co-Ed (15-18)
- Soccer Co-Ed (10-16)
- Volleyball Boys & Girls (12-17)

Session 2 July 6–12, 2025

- All Sports/Adventure Co-Ed (7-14)
- Aqua Sports Co-Ed (7-16)
- Basketball Boys & Girls (7-17)
- Fishing Co-Ed (9-17)
- Leadership & Peer Support*
*(June 29 –July 19) Co-Ed (15-18)
- Outdoor Skills & Adventure Co-Ed (12-17)
- Soccer Boys (7-16)

Session 3 July 13–19, 2025

- Athletic Conditioning Co-Ed (14-17)
- Aqua Sports Co-Ed (7-16)
- Judo Boys & Girls (7-17)
- Kempo Karate Co-Ed (7-17)
- Leadership & Peer Support*
*(June 29 –July 19) Co-Ed (15-18)
- Robotics Co-Ed (8-15)
- Soccer Girls (7-16)
- Tennis Boys & Girls (7-17)
- Track & Field Boys & Girls (11-16)
- Triathlon Co-Ed (11-15)

Session 4 July 20–26, 2025

- Creative Arts Girls (7-12)
- Ball Hockey Co-Ed (10-17)
- Basketball Boys & Girls (14-17)
- Competitive Swim Boys & Girls (11-15)
- NLS Co-Ed (15-17)
- Rugby Boys & Girls (12-16)
- Self Defense & Fitness Girls (14-17)
- Tri-Sports Girls (7-12)
- Volleyball Girls (11-16)

Session 5 July 27–August 2, 2025

- All Sports / Adventure Co-Ed (7-14)
- Basketball Boys & Girls (7-17)
- Competitive Swim Boys & Girls (11-16)
- Gymnastics Girls (7-16)
- Football Boys (12-17)
- Sailing Co-Ed (12-17)
- Soccer Boys & Girls (12-17)
- Stand-Up Paddle Board Co-Ed (12-17)

Session 6 August 3–9, 2025

- All Sports / Adventure Co-Ed (7-17)
- Aqua Sports Co-Ed (7-17)
- Baseball Boys (11-14)
- Basketball Boys & Girls (7-17)
- Beach Volleyball Boys & Girls (12-17)
- Dance Girls (10-15)
- Flag Football Co-Ed (11-14)
- Heroes Journey Co-Ed (12-17)
- Ice Hockey Camp 1 Boys & Girls (8-12)
- Ice Hockey Camp 2 Boys & Girls (12-17)
- Power UP Co-Ed (11-17)
- Racket Sports Co-Ed (11-17)
- Theatre Co-Ed (11-16)

Session 7 August 10–16, 2025

- All-Sports/Adventure Co-Ed (7-17)
- Basketball Boys & Girls (7-17)
- Cross Country Running Boys & Girls (9-17)
- Survival Co-Ed (12-17)
- Volleyball Boys & Girls (12-17)
- Wrestling Boys & Girls (7-17)

Session 8 August 17–23, 2025

- Adventure Climbing Co-Ed (13-17)
- Archery Co-Ed (11-15)
- Basketball Boys & Girls (7-17)
- Catholic Leadership Co-Ed (13-19)
- Cheer Co-Ed (10-16)
- Seven Habits Co-Ed (12-17)
- The SportsLab Performance Program Co-Ed (12-17)
- Softball Girls (10-15)
- Touch Rugby Co-Ed (12-17)
- Volleyball Boys & Girls (10-17)

Session 9 August 24–27, 2025

- All-Sports/Adventure (intro to overnight camp) Co-Ed (8-12)
- Basketball Performance Camp Boys & Girls (10-17)
- Team Camp Boys & Girls (7-18)



REGISTER ONLINE



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PLEASE NOTE: SCHEDULE AND PROGRAMS ARE SUBJECT TO CHANGE.

* Denotes camps with special dates & pricing



Olympia Sports Camp 2400 Limberlost Rd. Huntsville, ON P1H 2J6
Tel : 905-479-9388 Email: info@olympiasportscamp.com Web : www.olympiasportscamp.com